

Tennent's Light National Competition 1

22 teams will play in a two-stage competition

Stage 1:

Teams will be divided into four conferences and within each conference. Teams will play each other within the same conference twice on a home and away basis (Teams in Conference A will play a further round of fixtures with their conference either home or away. The winners of each conference in stage 1 will progress to the play offs

Conference A

Aberdeen Grammar Rugby 1XV
Dundee HSFP RFC 1XV
Highland RFC 1XV
Stirling County RFC 1XV

Conference B

Boroughmuir Rugby
Currie Chieftains RFC 1XV
Edinburgh Academical FC 1XV
Heriot's RFC 1XV
Musselburgh RFC 1XV
Watsonian FC 1XV

Conference C

Ayr RFC 1XV
Biggar RFC 1XV
Cartha Queens Park RFC 1XV
GHA RFC 1XV
Glasgow Hawks RFC 1XV
Marr RFC 1XV

Conference D

Gala RFC 1XV
Hawick RFC 1XV
Jed-Forest RFC 1XV
Kelso RFC 1XV
Melrose RFC 1XV
Selkirk RFC 1XV

Stage 2:

Teams will be divided into two separate competitions and within each competition team will be divided into two pools. Teams will play each other within the same group once on a home or away basis. The winners of each pool in each competition will progress to the playoffs (where the same team qualifies for the playoffs in Stage 1 and Stage 2 the highest-ranking team in the same pool will also progress to the playoffs)

Competition 2A:

Aberdeen Grammar Rugby 1XV
Edinburgh Academical FC 1XV
GHA RFC 1XV
Glasgow Hawks RFC 1XV
Marr RFC 1XV

Currie Chieftains RFC 1XV
Hawick RFC 1XV
Jed-Forest RFC 1XV
Musselburgh RFC 1XV
Selkirk RFC 1XV

Competition 2B:

Ayr RFC 1XV
Biggar RFC 1XV
Cartha Queens Park RFC 1XV
Dundee HS FP RFC 1XV
Highland RFC 1XV
Stirling Country RFC 1XV

Boroughmuir 1XV
Gala RFC 1XV
Heriot's Rugby 1XV
Kelso RFC 1XV
Melrose RFC 1XV
Watsonians FC 1XV

Saturday 31 October 2020

Aberdeen Grammar Rugby 1XV v Dundee HS FP RFC 1XV
Highland RFC 1XV v Stirling County Wolves 1XV
Boroughmuir 1XV v Currie Chieftains RFC 1XV
Heriot's Rugby 1XV v Watsonians FC 1XV
Musselburgh RFC 1XV v Edinburgh Academicals RFC 1XV
Ayr RFC 1XV v Biggar RFC 1XV
Cartha Queens Park RFC 1XV v GHA RFC 1XV
Marr RFC 1XV v Glasgow Hawks RFC 1XV
Kelso RFC 1XV v Jed-Forest RFC 1XV
Melrose RFC 1XV v Gala RFC 1XV
Selkirk RFC 1XV v Hawick RFC 1XV

Saturday 07 November 2020

Dundee HS FP RFC 1XV v Highland RFC 1XV
Stirling County Wolves 1XV v Aberdeen Grammar Rugby 1XV
Edinburgh Academicals RFC 1XV v Boroughmuir 1XV
Watsonians FC 1XV v Musselburgh RFC 1XV
Currie Chieftains RFC 1XV v Heriot's Rugby 1XV
Glasgow Hawks RFC 1XV v Ayr RFC 1XV
GHA RFC 1XV v Marr RFC 1XV
Biggar RFC 1XV v Cartha Queens Park RFC 1XV
Hawick RFC 1XV v Kelso RFC 1XV
Gala RFC 1XV v Selkirk RFC 1XV
Jed-Forest RFC 1XV v Melrose RFC 1XV

Saturday 14 November 2020

Highland RFC 1XV v Aberdeen Grammar Rugby 1XV
Stirling County Wolves 1XV v Dundee HS FP RFC 1XV
Watsonians FC 1XV v Currie Chieftains RFC 1XV
Heriot's Rugby 1XV v Edinburgh Academicals RFC 1XV
Musselburgh RFC 1XV v Boroughmuir 1XV
GHA RFC 1XV v Biggar RFC 1XV
Cartha Queens Park RFC 1XV v Glasgow Hawks RFC 1XV
Marr RFC 1XV v Ayr RFC 1XV
Gala RFC 1XV v Jed-Forest RFC 1XV
Melrose RFC 1XV v Hawick RFC 1XV
Selkirk RFC 1XV v Kelso RFC 1XV

Saturday 21 November 2020

Dundee HS FP RFC 1XV v Aberdeen Grammar Rugby 1XV
Stirling County Wolves 1XV v Highland RFC 1XV
Edinburgh Academicals RFC 1XV v Watsonians FC 1XV
Boroughmuir 1XV v Heriot's Rugby 1XV
Currie Chieftains RFC 1XV v Musselburgh RFC 1XV
Glasgow Hawks RFC 1XV v GHA RFC 1XV
Ayr RFC 1XV v Cartha Queens Park RFC 1XV
Biggar RFC 1XV v Marr RFC 1XV
Hawick RFC 1XV v Gala RFC 1XV
Kelso RFC 1XV v Melrose RFC 1XV
Jed-Forest RFC 1XV v Selkirk RFC 1XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Aberdeen Grammar Rugby 1XV v Stirling County Wolves 1XV
Highland RFC 1XV v Dundee HS FP RFC 1XV
Watsonians FC 1XV v Boroughmuir 1XV
Currie Chieftains RFC 1XV v Edinburgh Academicals RFC 1XV
Musselburgh RFC 1XV v Heriot's Rugby 1XV
GHA RFC 1XV v Ayr RFC 1XV
Biggar RFC 1XV v Glasgow Hawks RFC 1XV
Marr RFC 1XV v Cartha Queens Park RFC 1XV
Gala RFC 1XV v Kelso RFC 1XV
Jed-Forest RFC 1XV v Hawick RFC 1XV
Selkirk RFC 1XV v Melrose RFC 1XV

Saturday 12 December 2020

Aberdeen Grammar Rugby 1XV v Highland RFC 1XV
Dundee HS FP RFC 1XV v Stirling County Wolves 1XV
Edinburgh Academicals RFC 1XV v Musselburgh RFC 1XV
Watsonians FC 1XV v Heriot's Rugby 1XV
Currie Chieftains RFC 1XV v Boroughmuir 1XV
Glasgow Hawks RFC 1XV v Marr RFC 1XV
GHA RFC 1XV v Cartha Queens Park RFC 1XV
Biggar RFC 1XV v Ayr RFC 1XV
Hawick RFC 1XV v Selkirk RFC 1XV
Gala RFC 1XV v Melrose RFC 1XV
Jed-Forest RFC 1XV v Kelso RFC 1XV

Saturday 09 January 2021

Aberdeen Grammar Rugby 1XV v Dundee HS FP RFC 1XV
Stirling County Wolves 1XV v Highland RFC 1XV
Boroughmuir 1XV v Edinburgh Academicals RFC 1XV
Heriot's Rugby 1XV v Currie Chieftains RFC 1XV
Musselburgh RFC 1XV v Watsonians FC 1XV
Ayr RFC 1XV v Glasgow Hawks RFC 1XV
Cartha Queens Park RFC 1XV v Biggar RFC 1XV

Marr RFC 1XV v GHA RFC 1XV
Kelso RFC 1XV v Hawick RFC 1XV
Melrose RFC 1XV v Jed-Forest RFC 1XV
Selkirk RFC 1XV v Gala RFC 1XV

Saturday 16 January 2021

Aberdeen Grammar Rugby 1XV v Stirling County Wolves 1XV
Dundee HS FP RFC 1XV v Highland RFC 1XV
Edinburgh Academicals RFC 1XV v Heriot's Rugby 1XV
Boroughmuir 1XV v Musselburgh RFC 1XV
Currie Chieftains RFC 1XV v Watsonians FC 1XV
Glasgow Hawks RFC 1XV v Cartha Queens Park RFC 1XV
Ayr RFC 1XV v Marr RFC 1XV
Biggar RFC 1XV v GHA RFC 1XV
Hawick RFC 1XV v Melrose RFC 1XV
Kelso RFC 1XV v Selkirk RFC 1XV
Jed-Forest RFC 1XV v Gala RFC 1XV

Saturday 23 January 2021

Highland RFC 1XV v Aberdeen Grammar Rugby 1XV
Stirling County Wolves 1XV v Dundee HS FP RFC 1XV
Watsonians FC 1XV v Edinburgh Academicals RFC 1XV
Heriot's Rugby 1XV v Boroughmuir 1XV
Musselburgh RFC 1XV v Currie Chieftains RFC 1XV
GHA RFC 1XV v Glasgow Hawks RFC 1XV
Cartha Queens Park RFC 1XV v Ayr RFC 1XV
Marr RFC 1XV v Biggar RFC 1XV
Gala RFC 1XV v Hawick RFC 1XV
Melrose RFC 1XV v Kelso RFC 1XV
Selkirk RFC 1XV v Jed-Forest RFC 1XV

Saturday 30 January 2021

Edinburgh Academicals RFC 1XV v Currie Chieftains RFC 1XV
Boroughmuir 1XV v Watsonians FC 1XV
Heriot's Rugby 1XV v Musselburgh RFC 1XV
Glasgow Hawks RFC 1XV v Biggar RFC 1XV
Ayr RFC 1XV v GHA RFC 1XV
Cartha Queens Park RFC 1XV v Marr RFC 1XV
Hawick RFC 1XV v Jed-Forest RFC 1XV
Kelso RFC 1XV v Gala RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Aberdeen Grammar Rugby 1XV v GHA RFC 1XV
Biggar RFC 1XV v Dundee HS FP RFC 1XV
Cartha Queens Park RFC 1XV v Highland RFC 1XV
Stirling County Wolves 1XV v Ayr RFC 1XV
Marr RFC 1XV v Edinburgh Academicals RFC 1XV
Watsonians FC 1XV v Heriot's Rugby 1XV
Boroughmuir 1XV v Kelso RFC 1XV
Currie Chieftains RFC 1XV v Musselburgh RFC 1XV
Gala RFC 1XV v Melrose RFC 1XV
Jed-Forest RFC 1XV v Selkirk RFC 1XV

Saturday 27 February 2021

Glasgow Hawks RFC 1XV v Aberdeen Grammar Rugby 1XV
Dundee HS FP RFC 1XV v Cartha Queens Park RFC 1XV
Highland RFC 1XV v Stirling County Wolves 1XV

Melrose RFC 1XV v Watsonians FC 1XV
Heriot's Rugby 1XV v Boroughmuir 1XV
Selkirk RFC 1XV v Currie Chieftains RFC 1XV
GHA RFC 1XV v Marr RFC 1XV
Ayr RFC 1XV v Biggar RFC 1XV
Hawick RFC 1XV v Jed-Forest RFC 1XV
Kelso RFC 1XV v Gala RFC 1XV

Saturday 06 March 2021

Dundee HS FP RFC 1XV v Ayr RFC 1XV
Biggar RFC 1XV v Highland RFC 1XV
Cartha Queens Park RFC 1XV v Stirling County Wolves 1XV
Edinburgh Academicals RFC 1XV v GHA RFC 1XV
Watsonians FC 1XV v Boroughmuir 1XV
Currie Chieftains RFC 1XV v Hawick RFC 1XV
Gala RFC 1XV v Heriot's Rugby 1XV
Musselburgh RFC 1XV v Selkirk RFC 1XV
Marr RFC 1XV v Glasgow Hawks RFC 1XV
Melrose RFC 1XV v Kelso RFC 1XV

Saturday 13 March 2021

Aberdeen Grammar Rugby 1XV v Marr RFC 1XV
Highland RFC 1XV v Dundee HS FP RFC 1XV
Stirling County Wolves 1XV v Biggar RFC 1XV
Glasgow Hawks RFC 1XV v Edinburgh Academicals RFC 1XV
Kelso RFC 1XV v Watsonians FC 1XV
Boroughmuir 1XV v Gala RFC 1XV
Jed-Forest RFC 1XV v Currie Chieftains RFC 1XV
Heriot's Rugby 1XV v Melrose RFC 1XV
Hawick RFC 1XV v Musselburgh RFC 1XV
Ayr RFC 1XV v Cartha Queens Park RFC 1XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Edinburgh Academicals RFC 1XV v Aberdeen Grammar Rugby 1XV
Dundee HS FP RFC 1XV v Stirling County Wolves 1XV
Ayr RFC 1XV v Highland RFC 1XV
Watsonians FC 1XV v Gala RFC 1XV
Kelso RFC 1XV v Heriot's Rugby 1XV
Musselburgh RFC 1XV v Jed-Forest RFC 1XV
GHA RFC 1XV v Glasgow Hawks RFC 1XV
Hawick RFC 1XV v Selkirk RFC 1XV
Watsonians FC 1XV v Gala RFC 1XV
Musselburgh RFC 1XV v Jed-Forest RFC 1XV
Melrose RFC 1XV v Boroughmuir 1XV

Saturday 03 April 2021

Standby date

Saturday 10 April 2021

Standby date

Saturday 17 April 2021

Competition Quarter Finals – draw details to be shared following Stage 1 of competition

Saturday 24 April 2021

Standby date

Saturday 01 May 2021

(Semi Final 1) Quarter Final 1 winner v Quarter Final 3 winner
(Semi Final 2) Quarter Final 2 winner v Quarter Final 4 winner

Saturday 08 May 2021

Standby date

Saturday 15 May 2021

(Final) Semi Final 1 winner v Semi Final 2 winner

Tennent's Light National Competition 2

24 teams will be divided into two conferences and within each conference will be divided into two pools. Teams will play each other within the same pool twice on a home and away basis during Stage 1 of the competition and play teams from the opposing pool in the same conference on a home or away basis during Stage 2. The winners of each pool in Stage 1 will progress to the play-offs along with the winners and runners up of each conference following Stage 2.

Blue Conference - Blue	Blue Conference – Purple	Green Conference – Green	Green Conference - White
Berwick RFC 1XV	Dumfries Saints RFC 1XV	Caithness RFC 1XV	Ardrossan Academicals RFC 1XV
Kirkcaldy RFC 1XV	Falkirk RFC 1XV	Gordonians RFC 1XV	Carrick RFC 1XV
Lasswade RFC 1XV	GHK RFC 1XV	Howe of Fife RFC 1XV	Greenock Wanderers RFC 1XV
Peebles RFC 1XV	Glasgow Academicals RFC 1XV	Murrayfield Wanderers RFC 1XV	Hillhead Jordanhill RFC 1XV
Preston Lodge RFC 1XV	Hamilton RFC 1XV	Perthshire RFC 1XV	West of Scotland RFC 1XV
Stewart's Melville RFC 1XV	Newton Stewart RFC 1XV	Strathmore RFC 1XV	

Saturday 31 October 2020

Lasswade RFC 1XV v Stewart's Melville RFC 1XV
Berwick RFC 1XV v Peebles RFC 1XV
Kirkcaldy RFC 1XV v Preston Lodge RFC 1XV
Hamilton RFC 1XV v Dumfries Saints RFC 1XV
Falkirk RFC 1XV v Glasgow Academicals RFC 1XV
GHK RFC 1XV v Newton Stewart RFC 1XV
Caithness RFC 1XV v Gordonians RFC 1XV
Perthshire RFC 1XV v Murrayfield Wanderers RFC 1XV
Howe of Fife RFC 1XV v Strathmore RFC 1XV
West of Scotland RFC 1XV v Greenock Wanderers RFC 1XV
Carrick RFC 1XV v Ardrossan Academicals RFC 1XV
Hillhead Jordanhill RFC 1XV v Whitecraigs RFC 1XV

Saturday 07 November 2020

Stewart's Melville RFC 1XV v Kirkcaldy RFC 1XV
Peebles RFC 1XV v Lasswade RFC 1XV
Preston Lodge RFC 1XV v Berwick RFC 1XV
Dumfries Saints RFC 1XV v GHK RFC 1XV
Glasgow Academicals RFC 1XV v Hamilton RFC 1XV
Newton Stewart RFC 1XV v Falkirk RFC 1XV
Gordonians RFC 1XV v Howe of Fife RFC 1XV
Murrayfield Wanderers RFC 1XV v Caithness RFC 1XV
Strathmore RFC 1XV v Perthshire RFC 1XV
Greenock Wanderers RFC 1XV v Hillhead Jordanhill RFC 1XV
Ardrossan Academicals RFC 1XV v West of Scotland RFC 1XV
Whitecraigs RFC 1XV v Carrick RFC 1XV

Saturday 14 November 2020

Berwick RFC 1XV v Stewart's Melville RFC 1XV
Peebles RFC 1XV v Preston Lodge RFC 1XV
Lasswade RFC 1XV v Kirkcaldy RFC 1XV
Falkirk RFC 1XV v Dumfries Saints RFC 1XV
Glasgow Academicals RFC 1XV v Newton Stewart RFC 1XV
Hamilton RFC 1XV v GHK RFC 1XV
Perthshire RFC 1XV v Gordonians RFC 1XV
Murrayfield Wanderers RFC 1XV v Strathmore RFC 1XV
Caithness RFC 1XV v Howe of Fife RFC 1XV
Carrick RFC 1XV v Greenock Wanderers RFC 1XV
Ardrossan Academicals RFC 1XV v Whitecraigs RFC 1XV
West of Scotland RFC 1XV v Hillhead Jordanhill RFC 1XV

Saturday 21 November 2020

Stewart's Melville RFC 1XV v Peebles RFC 1XV
Kirkcaldy RFC 1XV v Berwick RFC 1XV
Preston Lodge RFC 1XV v Lasswade RFC 1XV
Dumfries Saints RFC 1XV v Glasgow Academicals RFC 1XV

GHK RFC 1XV v Falkirk RFC 1XV
Newton Stewart RFC 1XV v Hamilton RFC 1XV
Gordonians RFC 1XV v Murrayfield Wanderers RFC 1XV
Howe of Fife RFC 1XV v Perthshire RFC 1XV
Strathmore RFC 1XV v Caithness RFC 1XV
Greenock Wanderers RFC 1XV v Ardrossan Academicals RFC 1XV
Hillhead Jordanhill RFC 1XV v Carrick RFC 1XV
Whitecraigs RFC 1XV v West of Scotland RFC 1XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Preston Lodge RFC 1XV v Stewart's Melville RFC 1XV
Peebles RFC 1XV v Kirkcaldy RFC 1XV
Lasswade RFC 1XV v Berwick RFC 1XV
Newton Stewart RFC 1XV v Dumfries Saints RFC 1XV
Glasgow Academicals RFC 1XV v GHK RFC 1XV
Hamilton RFC 1XV v Falkirk RFC 1XV
Strathmore RFC 1XV v Gordonians RFC 1XV
Murrayfield Wanderers RFC 1XV v Howe of Fife RFC 1XV
Caithness RFC 1XV v Perthshire RFC 1XV
Whitecraigs RFC 1XV v Greenock Wanderers RFC 1XV
Ardrossan Academicals RFC 1XV v Hillhead Jordanhill RFC 1XV
West of Scotland RFC 1XV v Carrick RFC 1XV

Saturday 12 December 2020

Stewart's Melville RFC 1XV v Lasswade RFC 1XV
Peebles RFC 1XV v Berwick RFC 1XV
Preston Lodge RFC 1XV v Kirkcaldy RFC 1XV
Dumfries Saints RFC 1XV v Hamilton RFC 1XV
Glasgow Academicals RFC 1XV v Falkirk RFC 1XV
Newton Stewart RFC 1XV v GHK RFC 1XV
Gordonians RFC 1XV v Caithness RFC 1XV
Murrayfield Wanderers RFC 1XV v Perthshire RFC 1XV
Strathmore RFC 1XV v Howe of Fife RFC 1XV
Greenock Wanderers RFC 1XV v West of Scotland RFC 1XV
Ardrossan Academicals RFC 1XV v Carrick RFC 1XV
Whitecraigs RFC 1XV v Hillhead Jordanhill RFC 1XV

Saturday 09 January 2021

Kirkcaldy RFC 1XV v Stewart's Melville RFC 1XV
Lasswade RFC 1XV v Peebles RFC 1XV
Berwick RFC 1XV v Preston Lodge RFC 1XV
GHK RFC 1XV v Dumfries Saints RFC 1XV
Hamilton RFC 1XV v Glasgow Academicals RFC 1XV
Falkirk RFC 1XV v Newton Stewart RFC 1XV
Howe of Fife RFC 1XV v Gordonians RFC 1XV
Caithness RFC 1XV v Murrayfield Wanderers RFC 1XV
Perthshire RFC 1XV v Strathmore RFC 1XV
Hillhead Jordanhill RFC 1XV v Greenock Wanderers RFC 1XV
West of Scotland RFC 1XV v Ardrossan Academicals RFC 1XV
Carrick RFC 1XV v Whitecraigs RFC 1XV

Saturday 16 January 2021

Stewart's Melville RFC 1XV v Berwick RFC 1XV
Preston Lodge RFC 1XV v Peebles RFC 1XV
Kirkcaldy RFC 1XV v Lasswade RFC 1XV
Dumfries Saints RFC 1XV v Falkirk RFC 1XV
Newton Stewart RFC 1XV v Glasgow Academicals RFC 1XV
GHK RFC 1XV v Hamilton RFC 1XV
Gordonians RFC 1XV v Perthshire RFC 1XV
Strathmore RFC 1XV v Murrayfield Wanderers RFC 1XV

Howe of Fife RFC 1XV v Caithness RFC 1XV
Greenock Wanderers RFC 1XV v Carrick RFC 1XV
Whitecraigs RFC 1XV v Ardrossan Academicals RFC 1XV
Hillhead Jordanhill RFC 1XV v West of Scotland RFC 1XV

Saturday 23 January 2021

Peebles RFC 1XV v Stewart's Melville RFC 1XV
Berwick RFC 1XV v Kirkcaldy RFC 1XV
Lasswade RFC 1XV v Preston Lodge RFC 1XV
Glasgow Academicals RFC 1XV v Dumfries Saints RFC 1XV
Falkirk RFC 1XV v GHK RFC 1XV
Hamilton RFC 1XV v Newton Stewart RFC 1XV
Murrayfield Wanderers RFC 1XV v Gordonians RFC 1XV
Perthshire RFC 1XV v Howe of Fife RFC 1XV
Caithness RFC 1XV v Strathmore RFC 1XV
Ardrossan Academicals RFC 1XV v Greenock Wanderers RFC 1XV
Carrick RFC 1XV v Hillhead Jordanhill RFC 1XV
West of Scotland RFC 1XV v Whitecraigs RFC 1XV

Saturday 30 January 2021

Stewart's Melville RFC 1XV v Preston Lodge RFC 1XV
Kirkcaldy RFC 1XV v Peebles RFC 1XV
Berwick RFC 1XV v Lasswade RFC 1XV
Dumfries Saints RFC 1XV v Newton Stewart RFC 1XV
GHK RFC 1XV v Glasgow Academicals RFC 1XV
Falkirk RFC 1XV v Hamilton RFC 1XV
Gordonians RFC 1XV v Strathmore RFC 1XV
Howe of Fife RFC 1XV v Murrayfield Wanderers RFC 1XV
Perthshire RFC 1XV v Caithness RFC 1XV
Greenock Wanderers RFC 1XV v Whitecraigs RFC 1XV
Hillhead Jordanhill RFC 1XV v Ardrossan Academicals RFC 1XV
Carrick RFC 1XV v West of Scotland RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Stewart's Melville RFC 1XV v Murrayfield Wanderers RFC 1XV
Peebles RFC 1XV v Howe of Fife RFC 1XV
Kirkcaldy RFC 1XV v Strathmore RFC 1XV
Preston Lodge RFC 1XV v Perthshire RFC 1XV
Berwick RFC 1XV v Caithness RFC 1XV
Lasswade RFC 1XV v Gordonians RFC 1XV
Dumfries Saints RFC 1XV v Ardrossan Academicals RFC 1XV
Glasgow Academicals RFC 1XV v Hillhead Jordanhill RFC 1XV
GHK RFC 1XV v Whitecraigs RFC 1XV
Newton Stewart RFC 1XV v Carrick RFC 1XV
Falkirk RFC 1XV v West of Scotland RFC 1XV
Hamilton RFC 1XV v Greenock Wanderers RFC 1XV

Saturday 27 February 2021

Howe of Fife RFC 1XV v Stewart's Melville RFC 1XV
Strathmore RFC 1XV v Peebles RFC 1XV
Gordonians RFC 1XV v Kirkcaldy RFC 1XV
Caithness RFC 1XV v Preston Lodge RFC 1XV
Perthshire RFC 1XV v Berwick RFC 1XV
Murrayfield Wanderers RFC 1XV v Lasswade RFC 1XV
Hillhead Jordanhill RFC 1XV v Dumfries Saints RFC 1XV
Whitecraigs RFC 1XV v Glasgow Academicals RFC 1XV
Greenock Wanderers RFC 1XV v GHK RFC 1XV

West of Scotland RFC 1XV v Newton Stewart RFC 1XV
Carrick RFC 1XV v Falkirk RFC 1XV
Ardrossan Academicals RFC 1XV v Hamilton RFC 1XV

Saturday 06 March 2021

Stewart's Melville RFC 1XV v Strathmore RFC 1XV
Peebles RFC 1XV v Perthshire RFC 1XV
Kirkcaldy RFC 1XV v Caithness RFC 1XV
Preston Lodge RFC 1XV v Murrayfield Wanderers RFC 1XV
Berwick RFC 1XV v Gordonians RFC 1XV
Lasswade RFC 1XV v Howe of Fife RFC 1XV
Dumfries Saints RFC 1XV v Whitecraigs RFC 1XV
Glasgow Academicals RFC 1XV v Carrick RFC 1XV
GHK RFC 1XV v West of Scotland RFC 1XV
Newton Stewart RFC 1XV v Ardrossan Academicals RFC 1XV
Falkirk RFC 1XV v Greenock Wanderers RFC 1XV
Hamilton RFC 1XV v Hillhead Jordanhill RFC 1XV

Saturday 13 March 2021

Gordonians RFC 1XV v Stewart's Melville RFC 1XV
Caithness RFC 1XV v Peebles RFC 1XV
Perthshire RFC 1XV v Kirkcaldy RFC 1XV
Howe of Fife RFC 1XV v Preston Lodge RFC 1XV
Murrayfield Wanderers RFC 1XV v Berwick RFC 1XV
Strathmore RFC 1XV v Lasswade RFC 1XV
Greenock Wanderers RFC 1XV v Dumfries Saints RFC 1XV
West of Scotland RFC 1XV v Glasgow Academicals RFC 1XV
Carrick RFC 1XV v GHK RFC 1XV
Hillhead Jordanhill RFC 1XV v Newton Stewart RFC 1XV
Ardrossan Academicals RFC 1XV v Falkirk RFC 1XV
Whitecraigs RFC 1XV v Hamilton RFC 1XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Stewart's Melville RFC 1XV v Caithness RFC 1XV
Peebles RFC 1XV v Gordonians RFC 1XV
Kirkcaldy RFC 1XV v Murrayfield Wanderers RFC 1XV
Preston Lodge RFC 1XV v Strathmore RFC 1XV
Berwick RFC 1XV v Howe of Fife RFC 1XV
Lasswade RFC 1XV v Perthshire RFC 1XV
Dumfries Saints RFC 1XV v West of Scotland RFC 1XV
Glasgow Academicals RFC 1XV v Greenock Wanderers RFC 1XV
GHK RFC 1XV v Ardrossan Academicals RFC 1XV
Newton Stewart RFC 1XV v Whitecraigs RFC 1XV
Falkirk RFC 1XV v Hillhead Jordanhill RFC 1XV
Hamilton RFC 1XV v Carrick RFC 1XV

Saturday 03 April 2021

Perthshire RFC 1XV v Stewart's Melville RFC 1XV
Murrayfield Wanderers RFC 1XV v Peebles RFC 1XV
Howe of Fife RFC 1XV v Kirkcaldy RFC 1XV
Gordonians RFC 1XV v Preston Lodge RFC 1XV
Strathmore RFC 1XV v Berwick RFC 1XV
Caithness RFC 1XV v Lasswade RFC 1XV
Carrick RFC 1XV v Dumfries Saints RFC 1XV
Ardrossan Academicals RFC 1XV v Glasgow Academicals RFC 1XV
Hillhead Jordanhill RFC 1XV v GHK RFC 1XV
Greenock Wanderers RFC 1XV v Newton Stewart RFC 1XV
Whitecraigs RFC 1XV v Falkirk RFC 1XV
West of Scotland RFC 1XV v Hamilton RFC 1XV

Saturday 10 April 2021

Standby date

Saturday 17 April 2021

(Quarter Final 1) Stage 1 Blue Conference – Blue winner v Stage 2 Green Conference winner
(Quarter Final 1) Stage 1 Blue Conference – Purple winner v Stage 2 Green Conference runner up
(Quarter Final 1) Stage 1 Green Conference – Green winner v Stage 2 Blue Conference winner
(Quarter Final 1) Stage 1 Green Conference – White winner v Stage 2 Blue Conference runner up

Saturday 24 April 2021

Standby date

Saturday 01 May 2021

(Semi Final 1) Quarter Final 1 winner v Quarter Final 2 winner
(Semi Final) Quarter Final 4 winner v Quarter Final 3 winner

Saturday 08 May 2021

Standby date

Saturday 15 May 2021

(Final) Semi Final 2 winner v Semi Final 1 winner

Tennent's Light Caledonia Midlands Competition 1

(14 teams play in a two-stage competition)

Stage 1:

- 5 Teams play each other home and away
- 9 Teams play each other home or away

Blairstown RFC 1XV
Dunfermline RFC 1XV
Glenrothes RFC 1XV
Grangemouth Stags RFC 1XV
Hillfoots RFC 1XV

Alloa RFC 1XV
Carnoustie HSFP RFC 1XV
Dundee University Medics
Falkirk RFC 2XV
Harris Academy FP RFC 1XV
Kinross RFC 1XV
Kirkcaldy RFC 2XV
Madras Rugby 1XV
Panmure RFC 1XV

Stage 2:

- 14 teams to be divided into two conferences (Stage 1 winners will be seeded into separate conferences, teams in each conference will play each other home or away. The winners and runners up of each conference will progress to the play-offs)

Saturday 31 October 2020

Blairstown RFC 1XV v Dunfermline RFC 1XV
Hillfoots RFC 1XV v Glenrothes RFC 1XV
Madras Rugby 1XV v Harris Academy FP RFC 1XV
Dundee University Medics 1XV v Carnoustie HSFP RFC 1XV
Kinross RFC 1XV v Alloa RFC 1XV
Falkirk RFC 2XV v Kirkcaldy RFC 1XV

Saturday 07 November 2020

Grangemouth Stags RFC 1XV v Hillfoots RFC 1XV
Glenrothes RFC 1XV v Blairstown RFC 1XV
Harris Academy FP RFC 1XV v Falkirk RFC 2XV
Alloa RFC 1XV v Dundee University Medics 1XV
Panmure RFC 1XV v Madras Rugby 1XV
Kirkcaldy RFC 1XV v Kinross RFC 1XV

Saturday 14 November 2020

Blairstown RFC 1XV v Grangemouth Stags RFC 1XV
Dunfermline RFC 1XV v Glenrothes RFC 1XV
Kinross RFC 1XV v Harris Academy FP RFC 1XV
Dundee University Medics 1XV v Kirkcaldy RFC 1XV
Falkirk RFC 2XV v Panmure RFC 1XV
Carnoustie HSFP RFC 1XV v Alloa RFC 1XV

Saturday 21 November 2020

Grangemouth Stags RFC 1XV v Dunfermline RFC 1XV
Hillfoots RFC 1XV v Blairstown RFC 1XV
Harris Academy FP RFC 1XV v Dundee University Medics 1XV
Panmure RFC 1XV v Kinross RFC 1XV
Kirkcaldy RFC 1XV v Carnoustie HSFP RFC 1XV
Madras Rugby 1XV v Falkirk RFC 2XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Glenrothes RFC 1XV v Grangemouth Stags RFC 1XV
Dunfermline RFC 1XV v Hillfoots RFC 1XV
Carnoustie HSFP RFC 1XV v Harris Academy FP RFC 1XV
Dundee University Medics 1XV v Panmure RFC 1XV
Kinross RFC 1XV v Madras Rugby 1XV
Alloa RFC 1XV v Kirkcaldy RFC 1XV

Saturday 12 December 2020

Dunfermline RFC 1XV v Blairgowrie RFC 1XV
Glenrothes RFC 1XV v Hillfoots RFC 1XV
Harris Academy FP RFC 1XV v Alloa RFC 1XV
Madras Rugby 1XV v Dundee University Medics 1XV
Panmure RFC 1XV v Carnoustie HSFP RFC 1XV
Falkirk RFC 2XV v Kinross RFC 1XV

Saturday 09 January 2021

Hillfoots RFC 1XV v Grangemouth Stags RFC 1XV
Blairgowrie RFC 1XV v Glenrothes RFC 1XV
Kirkcaldy RFC 1XV v Harris Academy FP RFC 1XV
Dundee University Medics 1XV v Falkirk RFC 2XV
Alloa RFC 1XV v Panmure RFC 1XV
Carnoustie HSFP RFC 1XV v Madras Rugby 1XV

Saturday 16 January 2021

Grangemouth Stags RFC 1XV v Blairgowrie RFC 1XV
Glenrothes RFC 1XV v Dunfermline RFC 1XV
Kinross RFC 1XV v Dundee University Medics 1XV
Panmure RFC 1XV v Kirkcaldy RFC 1XV
Falkirk RFC 2XV v Carnoustie HSFP RFC 1XV
Madras Rugby 1XV v Alloa RFC 1XV

Saturday 23 January 2021

Dunfermline RFC 1XV v Grangemouth Stags RFC 1XV
Blairgowrie RFC 1XV v Hillfoots RFC 1XV
Harris Academy FP RFC 1XV v Panmure RFC 1XV
Carnoustie HSFP RFC 1XV v Kinross RFC 1XV
Alloa RFC 1XV v Falkirk RFC 2XV
Kirkcaldy RFC 1XV v Madras Rugby 1XV

Saturday 30 January 2021

Grangemouth Stags RFC 1XV v Glenrothes RFC 1XV
Hillfoots RFC 1XV v Dunfermline RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Stage 2 fixtures (fixtures subject to results in Stage 1)

Saturday 27 February 2021

Stage 2 fixtures (fixtures subject to results in Stage 1)

Saturday 06 March 2021

Stage 2 fixtures (fixtures subject to results in Stage 1)

Saturday 13 March 2021

Stage 2 fixtures (fixtures subject to results in Stage 1)

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Stage 2 fixtures (fixtures subject to results in Stage 1)

Saturday 03 April 2021

Stage 2 fixtures (fixtures subject to results in Stage 1)

Saturday 10 April 2021

Stage 2 fixtures (fixtures subject to results in Stage 1)

Saturday 17 April 2021

Standby date

Saturday 24 April 2021

Standby date

Saturday 01 May 2021

(Semi Final 1) Stage 2 Conference A winner v Stage 2 Conference B Runner Up

(Semi Final 2) Stage 2 Conference B winner v Stage 2 Conference A Runner Up

Saturday 08 May 2021

Standby date

Saturday 15 May 2021

(Final) Semi Final 1 winner v Semi Final 2 winner

Tennent's Light Caledonia Midlands Competition 2

(10 teams play in a two-tiered competition)

Teams will be divided into two conferences and play each other home and away followed by playing each team from the opposite conference once home or away. The winners and runners up of each conference will progress to the play-offs

Dundee Morgan RFC 1XV
Montrose and District RFC 1XV
Perthshire RFC 2XV
Strathmore RFC 2XV
Waid Academy RFC 1XV

Bannockburn RFC 1XV
Crieff and Strathearn RFC 1XV
Dunfermline RFC 2XV
Grangemouth Stags RFC 2XV
Rosyth Sharks RFC 1XV

Saturday 31 October 2020

Waid Academy FP RFC 1XV v Perthshire RFC 2XV
Strathmore RFC 2XV v Montrose and District RFC 1XV
Bannockburn RFC 1XV v Rosyth Sharks RFC 1XV
Grangemouth Stags RFC 2XV v Dunfermline RFC 2XV

Saturday 07 November 2020

Dundee Morgan RFC 1XV v Strathmore RFC 2XV
Montrose and District RFC 1XV v Waid Academy FP RFC 1XV
Crieff & Strathearn RFC 1XV v Grangemouth Stags RFC 2XV
Dunfermline RFC 2XV v Bannockburn RFC 1XV

Saturday 14 November 2020

Waid Academy FP RFC 1XV v Dundee Morgan RFC 1XV
Perthshire RFC 2XV v Montrose and District RFC 1XV
Bannockburn RFC 1XV v Crieff & Strathearn RFC 1XV
Rosyth Sharks RFC 1XV v Dunfermline RFC 2XV

Saturday 21 November 2020

Dundee Morgan RFC 1XV v Perthshire RFC 2XV
Strathmore RFC 2XV v Waid Academy FP RFC 1XV
Crieff & Strathearn RFC 1XV v Rosyth Sharks RFC 1XV
Grangemouth Stags RFC 2XV v Bannockburn RFC 1XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Montrose and District RFC 1XV v Dundee Morgan RFC 1XV
Perthshire RFC 2XV v Strathmore RFC 2XV
Dunfermline RFC 2XV v Crieff & Strathearn RFC 1XV
Rosyth Sharks RFC 1XV v Grangemouth Stags RFC 2XV

Saturday 12 December 2020

Perthshire RFC 2XV v Waid Academy FP RFC 1XV
Montrose and District RFC 1XV v Strathmore RFC 2XV
Rosyth Sharks RFC 1XV v Bannockburn RFC 1XV
Dunfermline RFC 2XV v Grangemouth Stags RFC 2XV

Saturday 09 January 2021

Strathmore RFC 2XV v Dundee Morgan RFC 1XV
Waid Academy FP RFC 1XV v Montrose and District RFC 1XV
Grangemouth Stags RFC 2XV v Crieff & Strathearn RFC 1XV
Bannockburn RFC 1XV v Dunfermline RFC 2XV

Saturday 16 January 2021

Dundee Morgan RFC 1XV v Waid Academy FP RFC 1XV
Montrose and District RFC 1XV v Perthshire RFC 2XV
Crieff & Strathearn RFC 1XV v Bannockburn RFC 1XV
Dunfermline RFC 2XV v Rosyth Sharks RFC 1XV

Saturday 23 January 2021

Perthshire RFC 2XV v Dundee Morgan RFC 1XV
Waid Academy FP RFC 1XV v Strathmore RFC 2XV
Rosyth Sharks RFC 1XV v Crieff & Strathearn RFC 1XV
Bannockburn RFC 1XV v Grangemouth Stags RFC 2XV

Saturday 30 January 2021

Dundee Morgan RFC 1XV v Montrose and District RFC 1XV
Strathmore RFC 2XV v Perthshire RFC 2XV
Crieff & Strathearn RFC 1XV v Dunfermline RFC 2XV
Grangemouth Stags RFC 2XV v Rosyth Sharks RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Crieff & Strathearn RFC 1XV v Dundee Morgan RFC 1XV
Perthshire RFC 2XV v Grangemouth Stags RFC 2XV
Rosyth Sharks RFC 1XV v Strathmore RFC 2XV
Montrose and District RFC 1XV v Dunfermline RFC 2XV
Bannockburn RFC 1XV v Waid Academy FP RFC 1XV

Saturday 27 February 2021

Dundee Morgan RFC 1XV v Rosyth Sharks RFC 1XV
Dunfermline RFC 2XV v Perthshire RFC 2XV
Strathmore RFC 2XV v Grangemouth Stags RFC 2XV
Bannockburn RFC 1XV v Montrose and District RFC 1XV
Waid Academy FP RFC 1XV v Crieff & Strathearn RFC 1XV

Saturday 06 March 2021

Grangemouth Stags RFC 2XV v Dundee Morgan RFC 1XV
Perthshire RFC 2XV v Bannockburn RFC 1XV
Dunfermline RFC 2XV v Strathmore RFC 2XV
Montrose and District RFC 1XV v Crieff & Strathearn RFC 1XV
Rosyth Sharks RFC 1XV v Waid Academy FP RFC 1XV

Saturday 13 March 2021

Dundee Morgan RFC 1XV v Dunfermline RFC 2XV
Crieff & Strathearn RFC 1XV v Perthshire RFC 2XV
Strathmore RFC 2XV v Bannockburn RFC 1XV
Rosyth Sharks RFC 1XV v Montrose and District RFC 1XV
Waid Academy FP RFC 1XV v Grangemouth Stags RFC 2XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Bannockburn RFC 1XV v Dundee Morgan RFC 1XV
Perthshire RFC 2XV v Rosyth Sharks RFC 1XV
Crieff & Strathearn RFC 1XV v Strathmore RFC 2XV
Montrose and District RFC 1XV v Grangemouth Stags RFC 2XV
Dunfermline RFC 2XV v Waid Academy FP RFC 1XV

Saturday 03 April 2021

Standby date

Saturday 10 April 2021

Standby date

Saturday 17 April 2021

Standby date

Saturday 24 April 2021

(Semi Final 1) Conference A winner v Conference B Runner Up

(Semi Final 2) Conference B winner v Conference A Runner Up

Saturday 01 May 2021

Standby date

Saturday 08 May 2021

Standby date

Saturday 15 May 2021

(Final) Semi Final 2 winner v Semi Final 1 winner

Tennent's Light Caledonia Midlands Competition 3

(8 Teams play each other twice on a home and away basis)

1. Aberfeldy Rugby Club 1XV
2. Arbroath RFC 1XV
3. Bo'ness RFC 1XV
4. Dunfermline RFC 3XV
5. Glenrothes RFC 2XV
6. Hillfoots RFC 2XV
7. Howe of Fife RFC 2XV
8. Stobswell RFC 1XV

Saturday 31 October 2020

Arbroath RFC 1XV v Stobswell RFC 1XV
Howe of Fife RFC 2XV v Aberfeldy Rugby Club 1XV
Bo'ness RFC 1XV v Dunfermline RFC 3XV
Hillfoots RFC 2XV v Glenrothes RFC 2XV

Saturday 07 November 2020

Stobswell RFC 1XV v Howe of Fife RFC 2XV
Aberfeldy Rugby Club 1XV v Arbroath RFC 1XV
Dunfermline RFC 3XV v Hillfoots RFC 2XV
Glenrothes RFC 2XV v Bo'ness RFC 1XV

Saturday 14 November 2020

Stobswell RFC 1XV v Aberfeldy Rugby Club 1XV
Howe of Fife RFC 2XV v Arbroath RFC 1XV
Dunfermline RFC 3XV v Glenrothes RFC 2XV
Hillfoots RFC 2XV v Bo'ness RFC 1XV

Saturday 21 November 2020

Stobswell RFC 1XV v Arbroath RFC 1XV
Aberfeldy Rugby Club 1XV v Howe of Fife RFC 2XV
Dunfermline RFC 3XV v Bo'ness RFC 1XV
Glenrothes RFC 2XV v Hillfoots RFC 2XV Standby date

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Arbroath RFC 1XV v Aberfeldy Rugby Club 1XV
Howe of Fife RFC 2XV v Stobswell RFC 1XV
Bo'ness RFC 1XV v Glenrothes RFC 2XV
Hillfoots RFC 2XV v Dunfermline RFC 3XV

Saturday 12 December 2020

Arbroath RFC 1XV v Howe of Fife RFC 2XV
Aberfeldy Rugby Club 1XV v Stobswell RFC 1XV
Bo'ness RFC 1XV v Hillfoots RFC 2XV
Glenrothes RFC 2XV v Dunfermline RFC 3XV

Saturday 09 January 2021

Arbroath RFC 1XV v Bo'ness RFC 1XV
Stobswell RFC 1XV v Dunfermline RFC 3XV
Howe of Fife RFC 2XV v Hillfoots RFC 2XV
Aberfeldy Rugby Club 1XV v Glenrothes RFC 2XV

Saturday 16 January 2021

Dunfermline RFC 3XV v Arbroath RFC 1XV
Hillfoots RFC 2XV v Stobswell RFC 1XV
Glenrothes RFC 2XV v Howe of Fife RFC 2XV
Bo'ness RFC 1XV v Aberfeldy Rugby Club 1XV

Saturday 23 January 2021

Arbroath RFC 1XV Hillfoots RFC 2XV
Stobswell RFC 1XV Glenrothes RFC 2XV
Howe of Fife RFC 2XV Bo'ness RFC 1XV
Aberfeldy Rugby Club 1XV Dunfermline RFC 3XV

Saturday 30 January 2021

Glenrothes RFC 2XV v Arbroath RFC 1XV
Bo'ness RFC 1XV v Stobswell RFC 1XV
Dunfermline RFC 3XV v Howe of Fife RFC 2XV
Hillfoots RFC 2XV v Aberfeldy Rugby Club 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Bo'ness RFC 1XV v Arbroath RFC 1XV
Dunfermline RFC 3XV v Stobswell RFC 1XV
Hillfoots RFC 2XV v Howe of Fife RFC 2XV
Glenrothes RFC 2XV v Aberfeldy Rugby Club 1XV

Saturday 27 February 2021

Arbroath RFC 1XV v Dunfermline RFC 3XV
Stobswell RFC 1XV v Hillfoots RFC 2XV
Howe of Fife RFC 2XV v Glenrothes RFC 2XV
Aberfeldy Rugby Club 1XV v Bo'ness RFC 1XV

Saturday 06 March 2021

Hillfoots RFC 2XV v Arbroath RFC 1XV
Glenrothes RFC 2XV v Stobswell RFC 1XV
Bo'ness RFC 1XV v Howe of Fife RFC 2XV
Dunfermline RFC 3XV v Aberfeldy Rugby Club 1XV

Saturday 13 March 2021

Arbroath RFC 1XV v Glenrothes RFC 2XV
Stobswell RFC 1XV v Bo'ness RFC 1XV
Howe of Fife RFC 2XV v Dunfermline RFC 3XV
Aberfeldy Rugby Club 1XV v Hillfoots RFC 2XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Standby date

Saturday 03 April 2021

Standby date

Saturday 10 April 2021

Standby date

Saturday 17 April 2021

Standby date

Saturday 24 April 2021

Standby date

Saturday 01 May 2021

Standby date

Saturday 08 May 2021
Standby date

Saturday 15 May 2021
Standby date

Tennent's Light Caledonia North Competition 1

8 Teams play each other twice on a home and away basis

1. Aberdeen Wanderers RFC 1XV
2. Aberdeenshire RFC 1XV
3. Ellon RFC 1XV
4. Garioch RFC 1XV
5. Highland RFC 2XV
6. Mackie Academy FP RFC 1XV
7. North Police Scotland RFC 1XV
8. Orkney RFC 1XV

Saturday 31 October 2020

Mackie Academy RFC 1XV v Garioch RFC 1XV
Orkney RFC 1XV v Aberdeenshire RFC 1XV
Highland RFC 2XV v Ellon RFC 1XV
Aberdeen Wanderers RFC 1XV v North Police Scotland RFC 1XV

Saturday 07 November 2020

Aberdeenshire RFC 1XV v Garioch RFC 1XV
Ellon RFC 1XV v Orkney RFC 1XV
Highland RFC 2XV v Aberdeen Wanderers RFC 1XV
North Police Scotland RFC 1XV v Mackie Academy RFC 1XV

Saturday 14 November 2020

Aberdeenshire RFC 1XV v Ellon RFC 1XV
Mackie Academy RFC 1XV v Highland RFC 2XV
Orkney RFC 1XV v Aberdeen Wanderers RFC 1XV
Garioch RFC 1XV v North Police Scotland RFC 1XV

Saturday 21 November 2020

Ellon RFC 1XV v Garioch RFC 1XV
Aberdeen Wanderers RFC 1XV v Aberdeenshire RFC 1XV
Orkney RFC 1XV v Mackie Academy RFC 1XV
Highland RFC 2XV v North Police Scotland RFC 1XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Garioch RFC 1XV v Highland RFC 2XV
Ellon RFC 1XV v Aberdeen Wanderers RFC 1XV
Aberdeenshire RFC 1XV v Mackie Academy RFC 1XV
North Police Scotland RFC 1XV v Orkney RFC 1XV

Saturday 12 December 2020

Aberdeen Wanderers RFC 1XV v Garioch RFC 1XV
Orkney RFC 1XV v Highland RFC 2XV
Mackie Academy RFC 1XV v Ellon RFC 1XV
Aberdeenshire RFC 1XV v North Police Scotland RFC 1XV

Saturday 09 January 2021

Garioch RFC 1XV v Orkney RFC 1XV
Aberdeen Wanderers RFC 1XV v Mackie Academy RFC 1XV
Highland RFC 2XV v Aberdeenshire RFC 1XV
North Police Scotland RFC 1XV v Ellon RFC 1XV

Saturday 16 January 2021

Garioch RFC 1XV v Mackie Academy RFC 1XV
Aberdeenshire RFC 1XV v Orkney RFC 1XV
Ellon RFC 1XV v Highland RFC 2XV
North Police Scotland RFC 1XV v Aberdeen Wanderers RFC 1XV

Saturday 23 January 2021

Garioch RFC 1XV v Aberdeenshire RFC 1XV
Orkney RFC 1XV v Ellon RFC 1XV
Aberdeen Wanderers RFC 1XV v Highland RFC 2XV
Mackie Academy RFC 1XV v North Police Scotland RFC 1XV

Saturday 30 January 2021

Ellon RFC 1XV v Aberdeenshire RFC 1XV
Highland RFC 2XV v Mackie Academy RFC 1XV
Aberdeen Wanderers RFC 1XV v Orkney RFC 1XV
North Police Scotland RFC 1XV v Garioch RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Garioch RFC 1XV v Ellon RFC 1XV
Aberdeenshire RFC 1XV v Aberdeen Wanderers RFC 1XV
Mackie Academy RFC 1XV v Orkney RFC 1XV
North Police Scotland RFC 1XV v Highland RFC 2XV

Saturday 27 February 2021

Highland RFC 2XV v Garioch RFC 1XV
Aberdeen Wanderers RFC 1XV v Ellon RFC 1XV
Mackie Academy RFC 1XV v Aberdeenshire RFC 1XV
Orkney RFC 1XV v North Police Scotland RFC 1XV

Saturday 06 March 2021

Garioch RFC 1XV v Aberdeen Wanderers RFC 1XV
Highland RFC 2XV v Orkney RFC 1XV
Ellon RFC 1XV v Mackie Academy RFC 1XV
North Police Scotland RFC 1XV v Aberdeenshire RFC 1XV

Saturday 13 March 2021

Orkney RFC 1XV v Garioch RFC 1XV
Mackie Academy RFC 1XV v Aberdeen Wanderers RFC 1XV
Aberdeenshire RFC 1XV v Highland RFC 2XV
Ellon RFC 1XV v North Police Scotland RFC 1XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Standby date

Saturday 03 April 2021

Standby date

Saturday 10 April 2021

Standby date

Saturday 17 April 2021

Standby date

Saturday 24 April 2021

Standby date

Saturday 01 May 2021

Standby date

Saturday 08 May 2021

Standby date

Saturday 15 May 2021

Standby date

Tennent's Light Caledonia North Competition 2

8 Teams play each other twice on a home and away basis

1. Aberdeen Grammar RFC 2XV
2. Banff RFC 1XV
3. Huntly RFC 1XV
4. Kinloss Eagles RUFC 1XV
5. Moray RFC 1XV
6. RAF Lossiemouth RFC 1XV
7. Ross Sutherland RFC 1XV
8. Stornoway RFC 1XV

Saturday 31 October 2020

Banff RFC 1XV v RAF Lossiemouth RFC 1XV
Ross Sutherland RFC 1XV v Moray RFC 1XV
Stornoway RFC 1XV v Huntly RFC 1XV
Kinloss Eagles RUFC 1XV v Aberdeen Grammar RFC 2XV

Saturday 07 November 2020

Moray RFC 1XV v RAF Lossiemouth RFC 1XV
Huntly RFC 1XV v Ross Sutherland RFC 1XV
Stornoway RFC 1XV v Kinloss Eagles RUFC 1XV
Aberdeen Grammar RFC 2XV v Banff RFC 1XV

Saturday 14 November 2020

Moray RFC 1XV v Huntly RFC 1XV
Banff RFC 1XV v Stornoway RFC 1XV
Ross Sutherland RFC 1XV v Kinloss Eagles RUFC 1XV
RAF Lossiemouth RFC 1XV v Aberdeen Grammar RFC 2XV

Saturday 21 November 2020

Huntly RFC 1XV v RAF Lossiemouth RFC 1XV
Kinloss Eagles RUFC 1XV v Moray RFC 1XV
Ross Sutherland RFC 1XV v Banff RFC 1XV
Stornoway RFC 1XV v Aberdeen Grammar RFC 2XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

RAF Lossiemouth RFC 1XV v Stornoway RFC 1XV
Huntly RFC 1XV v Kinloss Eagles RUFC 1XV
Moray RFC 1XV v Banff RFC 1XV
Aberdeen Grammar RFC 2XV v Ross Sutherland RFC 1XV

Saturday 12 December 2020

Kinloss Eagles RUFC 1XV v RAF Lossiemouth RFC 1XV
Ross Sutherland RFC 1XV v Stornoway RFC 1XV
Banff RFC 1XV v Huntly RFC 1XV
Moray RFC 1XV v Aberdeen Grammar RFC 2XV

Saturday 09 January 2021

RAF Lossiemouth RFC 1XV v Ross Sutherland RFC 1XV
Kinloss Eagles RUFC 1XV v Banff RFC 1XV
Stornoway RFC 1XV v Moray RFC 1XV
Aberdeen Grammar RFC 2XV v Huntly RFC 1XV

Saturday 16 January 2021

RAF Lossiemouth RFC 1XV v Banff RFC 1XV
Moray RFC 1XV v Ross Sutherland RFC 1XV
Huntly RFC 1XV v Stornoway RFC 1XV
Aberdeen Grammar RFC 2XV v Kinloss Eagles RUFC 1XV

Saturday 23 January 2021

RAF Lossiemouth RFC 1XV v Moray RFC 1XV
Ross Sutherland RFC 1XV v Huntly RFC 1XV
Kinloss Eagles RUFC 1XV v Stornoway RFC 1XV
Banff RFC 1XV v Aberdeen Grammar RFC 2XV

Saturday 30 January 2021

Huntly RFC 1XV v Moray RFC 1XV
Stornoway RFC 1XV v Banff RFC 1XV
Kinloss Eagles RUFC 1XV v Ross Sutherland RFC 1XV
Aberdeen Grammar RFC 2XV v RAF Lossiemouth RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

RAF Lossiemouth RFC 1XV v Huntly RFC 1XV
Moray RFC 1XV v Kinloss Eagles RUFC 1XV
Banff RFC 1XV v Ross Sutherland RFC 1XV
Aberdeen Grammar RFC 2XV v Stornoway RFC 1XV

Saturday 27 February 2021

Stornoway RFC 1XV v RAF Lossiemouth RFC 1XV
Kinloss Eagles RUFC 1XV v Huntly RFC 1XV
Banff RFC 1XV v Moray RFC 1XV
Ross Sutherland RFC 1XV v Aberdeen Grammar RFC 2XV

Saturday 06 March 2021

RAF Lossiemouth RFC 1XV v Kinloss Eagles RUFC 1XV
Stornoway RFC 1XV v Ross Sutherland RFC 1XV
Huntly RFC 1XV v Banff RFC 1XV
Aberdeen Grammar RFC 2XV v Moray RFC 1XV

Saturday 13 March 2021

Ross Sutherland RFC 1XV v RAF Lossiemouth RFC 1XV
Banff RFC 1XV v Kinloss Eagles RUFC 1XV
Moray RFC 1XV v Stornoway RFC 1XV
Huntly RFC 1XV v Aberdeen Grammar RFC 2XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Standby date

Saturday 03 April 2021

Standby date

Saturday 10 April 2021

Standby date

Saturday 17 April 2021

Standby date

Saturday 24 April 2021

Standby date

Saturday 01 May 2021

Standby date

Saturday 08 May 2021

Standby date

Saturday 15 May 2021

Standby date

Tennent's Light Caledonia North Competition 3

14 Teams play each other once on a home or away basis

1. Aberdeen Taexali RFC 1XV
2. Aberdeen University 1XV
3. Aberdeen University Medics 1XV
4. Caithness RFC 2XV
5. Deeside RFC 1XV
6. Dyce RFC 1XV
7. Ellon RFC 2XV
8. Fraserburgh RFC 1XV
9. Gordonians RFC 2XV
10. Highland RFC 3XV
11. Inverness Craig Dunain RFC 1XV
12. Peterhead RFC 1XV
13. Shetland RFC 1XV
14. Turriff RFC 1XV

Saturday 31 October 2020

Aberdeen Taexali RFC 1XV v Aberdeen University 1XV
Aberdeen University Medics 1XV v Turriff RFC 1XV
Caithness RFC 2XV v Shetland RFC 1XV
Deeside RFC 1XV v Peterhead RFC 1XV
Dyce RFC 1XV v Inverness Craig Dunain RFC 1XV
Ellon RFC 2XV v Highland RFC 3XV
Fraserburgh RFC 1XV v Gordonians RFC 2XV

Saturday 07 November 2020

Turriff RFC 1XV v Aberdeen University 1XV
Shetland RFC 1XV v Aberdeen University Medics 1XV
Peterhead RFC 1XV v Caithness RFC 2XV
Inverness Craig Dunain RFC 1XV v Deeside RFC 1XV
Highland RFC 3XV v Dyce RFC 1XV
Gordonians RFC 2XV v Ellon RFC 2XV

Saturday 14 November 2020

Aberdeen Taexali RFC 1XV v Turriff RFC 1XV
Aberdeen University 1XV v Shetland RFC 1XV
Aberdeen University Medics 1XV v Peterhead RFC 1XV
Caithness RFC 2XV v Inverness Craig Dunain RFC 1XV
Deeside RFC 1XV v Highland RFC 3XV
Dyce RFC 1XV v Gordonians RFC 2XV
Ellon RFC 2XV v Fraserburgh RFC 1XV

Saturday 21 November 2020

Shetland RFC 1XV v Aberdeen Taexali RFC 1XV
Peterhead RFC 1XV v Aberdeen University 1XV
Inverness Craig Dunain RFC 1XV v Aberdeen University Medics 1XV
Highland RFC 3XV v Caithness RFC 2XV
Gordonians RFC 2XV v Deeside RFC 1XV
Fraserburgh RFC 1XV v Dyce RFC 1XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Aberdeen Taexali RFC 1XV v Peterhead RFC 1XV
Aberdeen University 1XV v Inverness Craig Dunain RFC 1XV
Aberdeen University Medics 1XV v Highland RFC 3XV
Caithness RFC 2XV v Gordonians RFC 2XV
Deeside RFC 1XV v Fraserburgh RFC 1XV
Dyce RFC 1XV v Ellon RFC 2XV
Shetland RFC 1XV v Turriff RFC 1XV

Saturday 12 December 2020

Inverness Craig Dunain RFC 1XV v Aberdeen Taexali RFC 1XV
Highland RFC 3XV v Aberdeen University 1XV
Gordonians RFC 2XV v Aberdeen University Medics 1XV
Fraserburgh RFC 1XV v Caithness RFC 2XV
Ellon RFC 2XV v Deeside RFC 1XV
Peterhead RFC 1XV v Dyce RFC 1XV

Saturday 09 January 2021

Aberdeen Taexali RFC 1XV v Highland RFC 3XV
Aberdeen University 1XV v Gordonians RFC 2XV
Aberdeen University Medics 1XV v Fraserburgh RFC 1XV
Caithness RFC 2XV v Ellon RFC 2XV
Deeside RFC 1XV v Dyce RFC 1XV
Turriff RFC 1XV v Peterhead RFC 1XV

Saturday 16 January 2021

Gordonians RFC 2XV v Aberdeen Taexali RFC 1XV
Fraserburgh RFC 1XV v Aberdeen University 1XV
Ellon RFC 2XV v Aberdeen University Medics 1XV
Dyce RFC 1XV v Caithness RFC 2XV
Inverness Craig Dunain RFC 1XV v Turriff RFC 1XV
Peterhead RFC 1XV v Shetland RFC 1XV

Saturday 23 January 2021

Aberdeen Taexali RFC 1XV v Fraserburgh RFC 1XV
Aberdeen University 1XV v Ellon RFC 2XV
Aberdeen University Medics 1XV v Dyce RFC 1XV
Caithness RFC 2XV v Deeside RFC 1XV
Turriff RFC 1XV v Highland RFC 3XV
Shetland RFC 1XV v Inverness Craig Dunain RFC 1XV

Saturday 30 January 2021

Ellon RFC 2XV v Aberdeen Taexali RFC 1XV
Dyce RFC 1XV v Aberdeen University 1XV
Deeside RFC 1XV v Aberdeen University Medics 1XV
Gordonians RFC 2XV v Turriff RFC 1XV
Highland RFC 3XV v Shetland RFC 1XV
Inverness Craig Dunain RFC 1XV v Peterhead RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Aberdeen Taexali RFC 1XV v Dyce RFC 1XV
Aberdeen University 1XV v Deeside RFC 1XV
Aberdeen University Medics 1XV v Caithness RFC 2XV
Inverness Craig Dunain RFC 1XV v Ellon RFC 2XV
Turriff RFC 1XV v Fraserburgh RFC 1XV
Shetland RFC 1XV v Gordonians RFC 2XV
Peterhead RFC 1XV v Highland RFC 3XV

Saturday 27 February 2021

Deeside RFC 1XV v Aberdeen Taexali RFC 1XV
Caithness RFC 2XV v Aberdeen University 1XV
Ellon RFC 2XV v Turriff RFC 1XV
Fraserburgh RFC 1XV v Shetland RFC 1XV
Gordonians RFC 2XV v Peterhead RFC 1XV
Highland RFC 3XV v Inverness Craig Dunain RFC 1XV

Saturday 06 March 2021

Aberdeen Taexali RFC 1XV v Caithness RFC 2XV
Aberdeen University 1XV v Aberdeen University Medics 1XV
Turriff RFC 1XV v Dyce RFC 1XV
Shetland RFC 1XV v Ellon RFC 2XV
Peterhead RFC 1XV v Fraserburgh RFC 1XV
Inverness Craig Dunain RFC 1XV v Gordonians RFC 2XV

Saturday 13 March 2021

Aberdeen University Medics 1XV v Aberdeen Taexali RFC 1XV
Deeside RFC 1XV v Turriff RFC 1XV
Dyce RFC 1XV v Shetland RFC 1XV
Ellon RFC 2XV v Peterhead RFC 1XV
Fraserburgh RFC 1XV v Inverness Craig Dunain RFC 1XV
Gordonians RFC 2XV v Highland RFC 3XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Turriff RFC 1XV v Caithness RFC 2XV
Shetland RFC 1XV v Deeside RFC 1XV
Highland RFC 3XV v Fraserburgh RFC 1XV

Saturday 03 April 2021

Standby date

Saturday 10 April 2021

Standby date

Saturday 17 April 2021

Standby date

Saturday 24 April 2021

Standby date

Saturday 01 May 2021

Standby date

Saturday 08 May 2021

Standby date

Saturday 15 May 2021

Standby date

Tennent's Light East Competition 1

9 teams play in a two-tiered competition

Teams will be divided into two conferences and play each other home and away followed by playing each team from the opposite conference once home or away. The top three teams from each conference will progress to the play-offs

Conference 1

Duns RFC 1XV
Haddington RFC 1XV
Hawick Harlequins RFC 1XV
Ross High RFC 1XV

Conference 2

Broughton RFC 1XV
Forrester RFC 1XV
Linlithgow RFC 1XV
Portobello RFC 1XV
Royal High RFC 1XV

Saturday 31 October 2020

Broughton RFC 1XV v Forrester RC 1XV
Linlithgow RFC 1XV v Royal High RFC 1XV
Haddington RFC 1XV v Ross High RFC 1XV

Saturday 07 November 2020

Portobello RFC 1XV v Linlithgow RFC 1XV
Royal High RFC 1XV v Broughton RFC 1XV
Ross High RFC 1XV v Hawick Harlequins RFC 1XV
Duns RFC 1XV v Haddington RFC 1XV

Saturday 14 November 2020

Broughton RFC 1XV v Portobello RFC 1XV
Forrester RC 1XV v Royal High RFC 1XV
Hawick Harlequins RFC 1XV v Duns RFC 1XV

Saturday 21 November 2020

Portobello RFC 1XV v Forrester RC 1XV
Linlithgow RFC 1XV v Broughton RFC 1XV
Duns RFC 1XV v Ross High RFC 1XV
Haddington RFC 1XV v Hawick Harlequins RFC 1XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Forrester RC 1XV v Linlithgow RFC 1XV
Royal High RFC 1XV v Portobello RFC 1XV
Ross High RFC 1XV v Haddington RFC 1XV

Saturday 12 December 2020

Forrester RC 1XV v Broughton RFC 1XV
Royal High RFC 1XV v Linlithgow RFC 1XV
Hawick Harlequins RFC 1XV v Ross High RFC 1XV
Haddington RFC 1XV v Duns RFC 1XV

Saturday 09 January 2021

Linlithgow RFC 1XV v Portobello RFC 1XV
Broughton RFC 1XV v Royal High RFC 1XV
Duns RFC 1XV v Hawick Harlequins RFC 1XV

Saturday 16 January 2021

Portobello RFC 1XV v Broughton RFC 1XV
Royal High RFC 1XV v Forrester RC 1XV
Ross High RFC 1XV v Duns RFC 1XV
Hawick Harlequins RFC 1XV v Haddington RFC 1XV

Saturday 23 January 2021

Forrester RC 1XV v Portobello RFC 1XV
Broughton RFC 1XV v Linlithgow RFC 1XV

Saturday 30 January 2021

Portobello RFC 1XV v Royal High RFC 1XV

Linlithgow RFC 1XV v Forrester RC 1XV

Ross High RFC 1XV v Broughton RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Duns RFC 1XV v Portobello RFC 1XV

Haddington RFC 1XV v Forrester RC 1XV

Ross High RFC 1XV v Linlithgow RFC 1XV

Royal High RFC 1XV v Hawick Harlequins RFC 1XV

Saturday 27 February 2021

Portobello RFC 1XV v Hawick Harlequins RFC 1XV

Forrester RC 1XV v Ross High RFC 1XV

Royal High RFC 1XV v Duns RFC 1XV

Broughton RFC 1XV v Haddington RFC 1XV

Saturday 06 March 2021

Haddington RFC 1XV v Portobello RFC 1XV

Duns RFC 1XV v Linlithgow RFC 1XV

Ross High RFC 1XV v Royal High RFC 1XV

Hawick Harlequins RFC 1XV v Broughton RFC 1XV

Saturday 13 March 2021

Portobello RFC 1XV v Ross High RFC 1XV

Forrester RC 1XV v Hawick Harlequins RFC 1XV

Linlithgow RFC 1XV v Haddington RFC 1XV

Broughton RFC 1XV v Duns RFC 1XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Duns RFC 1XV v Forrester RC 1XV

Hawick Harlequins RFC 1XV v Linlithgow RFC 1XV

Haddington RFC 1XV v Royal High RFC 1XV

Ross High RFC 1XV v Broughton RFC 1XV

Saturday 03 April 2021

Standby date

Saturday 10 April 2021

(Quarter Final 1) Conference 1 runner up v Conference 2 3rd place

(Quarter Final 2) Conference 2 runner up v Conference 1 3rd place

Saturday 17 April 2021

Standby date

Saturday 24 April 2021

(Semi Final 1) Conference 1 winner v Quarter Final 1 winner

(Semi Final 2) Conference 2 winner v Quarter Final 2 winner

Saturday 01 May 2021

Standby date

Saturday 08 May 2021

(Final) Semi Final 1 winner v Semi Final 2 winner

Saturday 15 May 2021

Standby date

Tennent's Light East Competition 2

10 teams play in a two-tiered competition

Teams will be divided into two conferences and play each other home and away followed by playing each team from the opposite conference once home or away. The winners and runners up of each conference will progress to the play-offs

Conference 1

Corstorphine RFC 1XV
Hawick Linden RFC 1XV
Langholm RFC 1XV
Livingston RFC 1XV
Penicuik RFC 1XV

Conference 2

Dunbar RFC 1XV
Inverleith RFC 1XV
Leith Rugby Club 1XV
North Berwick RFC 1XV
Trinity Academicals RFC 1XV

Saturday 31 October 2020

Langholm RFC 1XV v Livingston RFC 1XV
Penicuik RFC 1XV v Hawick Linden RFC 1XV
Inverleith RFC 1XV v North Berwick RFC 1XV
Dunbar RFC 1XV v Leith RFC 1XV

Saturday 07 November 2020

Corstorphine RFC 1XV v Penicuik RFC 1XV
Hawick Linden RFC 1XV v Langholm RFC 1XV
Trinity Academicals RFC 1XV v Inverleith RFC 1XV
North Berwick RFC 1XV v Dunbar RFC 1XV

Saturday 14 November 2020

Langholm RFC 1XV v Corstorphine RFC 1XV
Livingston RFC 1XV v Hawick Linden RFC 1XV
Dunbar RFC 1XV v Trinity Academicals RFC 1XV
Leith RFC 1XV v North Berwick RFC 1XV

Saturday 21 November 2020

Corstorphine RFC 1XV v Livingston RFC 1XV
Penicuik RFC 1XV v Langholm RFC 1XV
Trinity Academicals RFC 1XV v Leith RFC 1XV
Inverleith RFC 1XV v Dunbar RFC 1XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Hawick Linden RFC 1XV v Corstorphine RFC 1XV
Livingston RFC 1XV v Penicuik RFC 1XV
North Berwick RFC 1XV v Trinity Academicals RFC 1XV
Leith RFC 1XV v Inverleith RFC 1XV

Saturday 12 December 2020

Livingston RFC 1XV v Langholm RFC 1XV
Hawick Linden RFC 1XV v Penicuik RFC 1XV
North Berwick RFC 1XV v Inverleith RFC 1XV
Leith RFC 1XV v Dunbar RFC 1XV

Saturday 09 January 2021

Penicuik RFC 1XV v Corstorphine RFC 1XV
Langholm RFC 1XV v Hawick Linden RFC 1XV
Inverleith RFC 1XV v Trinity Academicals RFC 1XV
Dunbar RFC 1XV v North Berwick RFC 1XV

Saturday 16 January 2021

Corstorphine RFC 1XV v Langholm RFC 1XV
Hawick Linden RFC 1XV v Livingston RFC 1XV
Trinity Academicals RFC 1XV v Dunbar RFC 1XV
North Berwick RFC 1XV v Leith RFC 1XV

Saturday 23 January 2021

Livingston RFC 1XV v Corstorphine RFC 1XV
Langholm RFC 1XV v Penicuik RFC 1XV
Leith RFC 1XV v Trinity Academicals RFC 1XV
Dunbar RFC 1XV v Inverleith RFC 1XV

Saturday 30 January 2021

Corstorphine RFC 1XV v Hawick Linden RFC 1XV
Penicuik RFC 1XV v Livingston RFC 1XV
Trinity Academicals RFC 1XV v North Berwick RFC 1XV
Inverleith RFC 1XV v Leith RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Leith RFC 1XV v Corstorphine RFC 1XV
Dunbar RFC 1XV v Livingston RFC 1XV
North Berwick RFC 1XV v Penicuik RFC 1XV
Hawick Linden RFC 1XV v Trinity Academicals RFC 1XV
Langholm RFC 1XV v Inverleith RFC 1XV

Saturday 27 February 2021

Corstorphine RFC 1XV v North Berwick RFC 1XV
Livingston RFC 1XV v Leith RFC 1XV
Penicuik RFC 1XV v Dunbar RFC 1XV
Inverleith RFC 1XV v Hawick Linden RFC 1XV
Trinity Academicals RFC 1XV v Langholm RFC 1XV

Saturday 06 March 2021

Dunbar RFC 1XV v Corstorphine RFC 1XV
North Berwick RFC 1XV v Livingston RFC 1XV
Inverleith RFC 1XV v Penicuik RFC 1XV
Hawick Linden RFC 1XV v Leith RFC 1XV

Saturday 13 March 2021

Corstorphine RFC 1XV v Inverleith RFC 1XV
Trinity Academicals RFC 1XV v Livingston RFC 1XV
Penicuik RFC 1XV v Leith RFC 1XV
Dunbar RFC 1XV v Hawick Linden RFC 1XV
Langholm RFC 1XV v North Berwick RFC 1XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Trinity Academicals RFC 1XV v Corstorphine RFC 1XV
Livingston RFC 1XV v Inverleith RFC 1XV
Hawick Linden RFC 1XV v North Berwick RFC 1XV
Langholm RFC 1XV v Dunbar RFC 1XV

Saturday 03 April 2021

Penicuik RFC 1XV v Trinity Academicals RFC 1XV
Leith RFC 1XV v Langholm RFC 1XV

Saturday 10 April 2021

Standby date

Saturday 17 April 2021

Standby date

Saturday 24 April 2021

(Semi Final 1) Conference 1 winner v Conference 2 runner up
(Semi Final 2) Conference 2 winner v Conference 1 runner up

Saturday 01 May 2021

Standby date

Saturday 08 May 2021

(Final) Semi Final 2 winner v Semi Final 1 winner

Saturday 15 May 2021

Standby date

Tennent's Light East Competition 3

7 Teams play each other twice on a home and away basis

1. Dalkeith RFC 1XV
2. Earlston RFC 1XV
3. Edinburgh Northern RFC 1XV
4. Edinburgh University Medics 1XV
5. Gala YM RFC 1XV
6. Liberton RFC 1XV
7. Lismore RFC 1XV

Saturday 31 October 2020

Gala YM RFC 1XV v Liberton FP RFC 1XV
Lismore RFC 1XV v Earlston RFC 1XV
Dalkeith RFC 1XV v Edinburgh University Medics 1XV

Saturday 07 November 2020

Earlston RFC 1XV v Liberton FP RFC 1XV
Edinburgh University Medics 1XV v Lismore RFC 1XV
Dalkeith RFC 1XV v Edinburgh Northern RFC 1XV

Saturday 14 November 2020

Earlston RFC 1XV v Edinburgh University Medics 1XV
Gala YM RFC 1XV v Dalkeith RFC 1XV
Lismore RFC 1XV v Edinburgh Northern RFC 1XV

Saturday 21 November 2020

Edinburgh University Medics 1XV v Liberton FP RFC 1XV
Edinburgh Northern RFC 1XV v Earlston RFC 1XV
Lismore RFC 1XV v Gala YM RFC 1XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Liberton FP RFC 1XV v Dalkeith RFC 1XV
Edinburgh University Medics 1XV v Edinburgh Northern RFC 1XV
Earlston RFC 1XV v Gala YM RFC 1XV

Saturday 12 December 2020

Edinburgh Northern RFC 1XV v Liberton FP RFC 1XV
Lismore RFC 1XV v Dalkeith RFC 1XV
Gala YM RFC 1XV v Edinburgh University Medics 1XV

Saturday 09 January 2021

Liberton FP RFC 1XV v Lismore RFC 1XV
Edinburgh Northern RFC 1XV v Gala YM RFC 1XV
Dalkeith RFC 1XV v Earlston RFC 1XV

Saturday 16 January 2021

Liberton FP RFC 1XV v Gala YM RFC 1XV
Earlston RFC 1XV v Lismore RFC 1XV
Edinburgh University Medics 1XV v Dalkeith RFC 1XV

Saturday 23 January 2021

Liberton FP RFC 1XV v Earlston RFC 1XV
Lismore RFC 1XV v Edinburgh University Medics 1XV
Edinburgh Northern RFC 1XV v Dalkeith RFC 1XV

Saturday 30 January 2021

Edinburgh University Medics 1XV v Earlston RFC 1XV
Dalkeith RFC 1XV v Gala YM RFC 1XV
Edinburgh Northern RFC 1XV v Lismore RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Liberton FP RFC 1XV v Edinburgh University Medics 1XV

Earlston RFC 1XV v Edinburgh Northern RFC 1XV

Gala YM RFC 1XV v Lismore RFC 1XV

Saturday 27 February 2021

Dalkeith RFC 1XV v Liberton FP RFC 1XV

Edinburgh Northern RFC 1XV v Edinburgh University Medics 1XV

Gala YM RFC 1XV v Earlston RFC 1XV

Saturday 06 March 2021

Liberton FP RFC 1XV v Edinburgh Northern RFC 1XV

Dalkeith RFC 1XV v Lismore RFC 1XV

Edinburgh University Medics 1XV v Gala YM RFC 1XV

Saturday 13 March 2021

Lismore RFC 1XV v Liberton FP RFC 1XV

Gala YM RFC 1XV v Edinburgh Northern RFC 1XV

Earlston RFC 1XV v Dalkeith RFC 1XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Standby date

Saturday 03 April 2021

Standby date

Saturday 10 April 2021

Standby date

Saturday 17 April 2021

Standby date

Saturday 24 April 2021

Standby date

Saturday 01 May 2021

Standby date

Saturday 08 May 2021

Standby date

Saturday 15 May 2021

Standby date

Tennent's Light West Competition 1

20 teams play in a two-tiered competition

Teams will be divided into four conferences and play each other home and away followed by playing each team from an opposite conference once home or away. The winners of each conference will progress to the play-offs

Conference 1

Allan Glen's RFC 1XV
Cambuslang RFC 1XV
Clydebank RFC 1XV
Oban Lorne RFC 1XV
Strathendrick RFC 1XV

Conference 2

Dalziel RFC 1XV
Helensburgh RFC 1XV
Lenzie RFC 1XV
Uddingston RFC 1XV
Waysiders/Drumpellier RFC 1XV

Conference 3

Annan RFC 1XV
East Kilbride RFC 1XV
Stewartry RFC 1XV
Strathaven RFC 1XV
Wigtownshire RFC 1XV

Conference 4

Cumnock RFC 1XV
Garnock RFC 1XV
Irvine RFC 1XV
Kilmarnock RFC 1XV
Paisley RFC 1XV

Saturday 31 October 2020

Strathendrick RFC 1XV v Clydebank RFC 1XV
Cambuslang RFC 1XV v Oban Lorne RFC 1XV
Helensburgh RFC 1XV v Lenzie RFC 1XV
Uddingston RFC 1XV v Waysiders/Drumpellier RFC 1XV
Strathaven RFC 1XV v Stewartry RFC 1XV
Annan RFC 1XV v East Kilbride RFC 1XV
Cumnock RFC 1XV v Irvine RFC 1XV
Kilmarnock RFC 1XV v Paisley RFC 1XV

Saturday 07 November 2020

Allan Glen's RFC 1XV v Cambuslang RFC 1XV
Oban Lorne RFC 1XV v Strathendrick RFC 1XV
Dalziel RFC 1XV v Uddingston RFC 1XV
Waysiders/Drumpellier RFC 1XV v Helensburgh RFC 1XV
Wigtownshire RFC 1XV v Annan RFC 1XV
East Kilbride RFC 1XV v Strathaven RFC 1XV
Garnock RFC 1XV v Kilmarnock RFC 1XV
Paisley RFC 1XV v Cumnock RFC 1XV

Saturday 14 November 2020

Clydebank RFC 1XV v Oban Lorne RFC 1XV
Strathendrick RFC 1XV v Allan Glen's RFC 1XV
Helensburgh RFC 1XV v Dalziel RFC 1XV
Lenzie RFC 1XV v Waysiders/Drumpellier RFC 1XV
Stewartry RFC 1XV v East Kilbride RFC 1XV
Strathaven RFC 1XV v Wigtownshire RFC 1XV
Cumnock RFC 1XV v Garnock RFC 1XV
Irvine RFC 1XV v Paisley RFC 1XV

Saturday 21 November 2020

Allan Glen's RFC 1XV v Clydebank RFC 1XV
Cambuslang RFC 1XV v Strathendrick RFC 1XV
Dalziel RFC 1XV v Lenzie RFC 1XV
Uddingston RFC 1XV v Helensburgh RFC 1XV
Wigtownshire RFC 1XV v Stewartry RFC 1XV
Annan RFC 1XV v Strathaven RFC 1XV
Garnock RFC 1XV v Irvine RFC 1XV
Kilmarnock RFC 1XV v Cumnock RFC 1XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Oban Lorne RFC 1XV v Allan Glen's RFC 1XV
Clydebank RFC 1XV v Cambuslang RFC 1XV
Waysiders/Drumpellier RFC 1XV v Dalziel RFC 1XV
Lenzie RFC 1XV v Uddingston RFC 1XV
East Kilbride RFC 1XV v Wigtownshire RFC 1XV
Stewartry RFC 1XV v Annan RFC 1XV

Paisley RFC 1XV v Garnock RFC 1XV
Irvine RFC 1XV v Kilmarnock RFC 1XV

Saturday 12 December 2020

Clydebank RFC 1XV v Strathendrick RFC 1XV
Oban Lorne RFC 1XV v Cambuslang RFC 1XV
Lenzie RFC 1XV v Helensburgh RFC 1XV
Waysiders/Drumpellier RFC 1XV v Uddingston RFC 1XV
Stewartry RFC 1XV v Strathaven RFC 1XV
East Kilbride RFC 1XV v Annan RFC 1XV
Irvine RFC 1XV v Cumnock RFC 1XV
Paisley RFC 1XV v Kilmarnock RFC 1XV

Saturday 09 January 2021

Cambuslang RFC 1XV v Allan Glen's RFC 1XV
Strathendrick RFC 1XV v Oban Lorne RFC 1XV
Uddingston RFC 1XV v Dalziel RFC 1XV
Helensburgh RFC 1XV v Waysiders/Drumpellier RFC 1XV
Annan RFC 1XV v Wigtownshire RFC 1XV
Strathaven RFC 1XV v East Kilbride RFC 1XV
Kilmarnock RFC 1XV v Garnock RFC 1XV
Cumnock RFC 1XV v Paisley RFC 1XV

Saturday 16 January 2021

Allan Glen's RFC 1XV v Strathendrick RFC 1XV
Oban Lorne RFC 1XV v Clydebank RFC 1XV
Dalziel RFC 1XV v Helensburgh RFC 1XV
Waysiders/Drumpellier RFC 1XV v Lenzie RFC 1XV
Wigtownshire RFC 1XV v Strathaven RFC 1XV
East Kilbride RFC 1XV v Stewartry RFC 1XV
Garnock RFC 1XV v Cumnock RFC 1XV
Paisley RFC 1XV v Irvine RFC 1XV

Saturday 23 January 2021

Clydebank RFC 1XV v Allan Glen's RFC 1XV
Strathendrick RFC 1XV v Cambuslang RFC 1XV
Lenzie RFC 1XV v Dalziel RFC 1XV
Helensburgh RFC 1XV v Uddingston RFC 1XV
Stewartry RFC 1XV v Wigtownshire RFC 1XV
Strathaven RFC 1XV v Annan RFC 1XV
Irvine RFC 1XV v Garnock RFC 1XV
Cumnock RFC 1XV v Kilmarnock RFC 1XV

Saturday 30 January 2021

Allan Glen's RFC 1XV v Oban Lorne RFC 1XV
Cambuslang RFC 1XV v Clydebank RFC 1XV
Dalziel RFC 1XV v Waysiders/Drumpellier RFC 1XV
Uddingston RFC 1XV v Lenzie RFC 1XV
Wigtownshire RFC 1XV v East Kilbride RFC 1XV
Annan RFC 1XV v Stewartry RFC 1XV
Garnock RFC 1XV v Paisley RFC 1XV
Kilmarnock RFC 1XV v Irvine RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Lenzie RFC 1XV v Allan Glen's RFC 1XV
Helensburgh RFC 1XV v Clydebank RFC 1XV
Waysiders/Drumpellier RFC 1XV v Cambuslang RFC 1XV

Oban Lorne RFC 1XV v Dalziel RFC 1XV
Strathendrick RFC 1XV v Uddingston RFC 1XV
Irvine RFC 1XV v Wigtownshire RFC 1XV
Cumnock RFC 1XV v Stewartry RFC 1XV
Paisley RFC 1XV v Annan RFC 1XV
East Kilbride RFC 1XV v Garnock RFC 1XV
Strathaven RFC 1XV v Kilmarnock RFC 1XV

Saturday 27 February 2021

Dalziel RFC 1XV v Strathendrick RFC 1XV
Clydebank RFC 1XV v Lenzie RFC 1XV
Uddingston RFC 1XV v Oban Lorne RFC 1XV
Allan Glen's RFC 1XV v Waysiders/Drumpellier RFC 1XV
Cambuslang RFC 1XV v Helensburgh RFC 1XV
Wigtownshire RFC 1XV v Paisley RFC 1XV
Stewartry RFC 1XV v Irvine RFC 1XV
Annan RFC 1XV v Cumnock RFC 1XV
Kilmarnock RFC 1XV v East Kilbride RFC 1XV
Garnock RFC 1XV v Strathaven RFC 1XV

Saturday 06 March 2021

Oban Lorne RFC 1XV v Lenzie RFC 1XV
Uddingston RFC 1XV v Cambuslang RFC 1XV
Waysiders/Drumpellier RFC 1XV v Clydebank RFC 1XV
Helensburgh RFC 1XV v Allan Glen's RFC 1XV
Cumnock RFC 1XV v Wigtownshire RFC 1XV
Paisley RFC 1XV v Stewartry RFC 1XV
Kilmarnock RFC 1XV v Annan RFC 1XV
East Kilbride RFC 1XV v Irvine RFC 1XV

Saturday 13 March 2021

Dalziel RFC 1XV v Clydebank RFC 1XV
Cambuslang RFC 1XV v Lenzie RFC 1XV
Allan Glen's RFC 1XV v Uddingston RFC 1XV
Strathendrick RFC 1XV v Waysiders/Drumpellier RFC 1XV
Helensburgh RFC 1XV v Oban Lorne RFC 1XV
Wigtownshire RFC 1XV v Kilmarnock RFC 1XV
Garnock RFC 1XV v Stewartry RFC 1XV
Annan RFC 1XV v Irvine RFC 1XV
Cumnock RFC 1XV v East Kilbride RFC 1XV
Strathaven RFC 1XV v Paisley RFC 1XV

Saturday 20 March 2021

Standby date

Saturday 27 March 2021

Dalziel RFC 1XV v Allan Glen's RFC 1XV
Clydebank RFC 1XV v Uddingston RFC 1XV
Oban Lorne RFC 1XV v Waysiders/Drumpellier RFC 1XV
Strathendrick RFC 1XV v Helensburgh RFC 1XV
Garnock RFC 1XV v Wigtownshire RFC 1XV
Stewartry RFC 1XV v Kilmarnock RFC 1XV
East Kilbride RFC 1XV v Paisley RFC 1XV
Strathaven RFC 1XV v Cumnock RFC 1XV

Saturday 03 April 2021

Cambuslang RFC 1XV v Dalziel RFC 1XV
Lenzie RFC 1XV v Strathendrick RFC 1XV
Annan RFC 1XV v Garnock RFC 1XV
Irvine RFC 1XV v Strathaven RFC 1XV

Saturday 10 April 2021

Standby date

Saturday 17 April 2021

Standby date

Saturday 24 April 2021

(Semi Final 1) Conference 1 winner v Conference 4 winner

(Semi Final 2) Conference 3 winner v Conference 2 winner

Saturday 01 May 2021

Standby date

Saturday 08 May 2021

(Final) Semi Final 1 winner v Semi Final 2 winner

Saturday 15 May 2021

Standby date

Tennent's Light West Competition 2

11 teams will be divided into two conference and play teams within the same conference twice on a home and away basis. The winners and runners up of each conference will progress to the play-offs

Conference 1

Cumbernauld RFC1XV
Hyndland RFC 1XV
Loch Lomond RFC 1XV
Lochaber RFC 1XV
Shawlands RFC 1XV

Conference 2

Birkmyre RFC 1XV
Bishopton RFC 1XV
Clydesdale RFC 1XV
Glasgow University Medics
Lanark RFC 1XV
Moffat RFC 1XV

Saturday 31 October 2020

Lochaber RFC 1XV v Cumbernauld RFC1XV
Shawlands RFC 1XV v Loch Lomond RFC 1XV
Moffat RFC 1XV v Birkmyre RFC 1XV
Lanark RFC 1XV v Bishopton RFC 1XV
Glasgow University Medics v Clydesdale RFC 1XV

Saturday 07 November 2020

Hyndland RFC 1XV v Shawlands RFC 1XV
Loch Lomond RFC 1XV v Lochaber RFC 1XV
Birkmyre RFC 1XV v Glasgow University Medics
Bishopton RFC 1XV v Moffat RFC 1XV
Clydesdale RFC 1XV v Lanark RFC 1XV

Saturday 14 November 2020

Lochaber RFC 1XV v Hyndland RFC 1XV
Cumbernauld RFC1XV v Loch Lomond RFC 1XV
Lanark RFC 1XV v Birkmyre RFC 1XV
Bishopton RFC 1XV v Clydesdale RFC 1XV
Moffat RFC 1XV v Glasgow University Medics

Saturday 21 November 2020

Hyndland RFC 1XV v Cumbernauld RFC1XV
Shawlands RFC 1XV v Lochaber RFC 1XV
Birkmyre RFC 1XV v Bishopton RFC 1XV
Glasgow University Medics v Lanark RFC 1XV
Clydesdale RFC 1XV v Moffat RFC 1XV

Saturday 28 November 2020

Standby date

Saturday 05 December 2020

Loch Lomond RFC 1XV v Hyndland RFC 1XV
Cumbernauld RFC1XV v Shawlands RFC 1XV
Clydesdale RFC 1XV v Birkmyre RFC 1XV
Bishopton RFC 1XV v Glasgow University Medics
Moffat RFC 1XV v Lanark RFC 1XV

Saturday 12 December 2020

Cumbernauld RFC1XV v Lochaber RFC 1XV
Loch Lomond RFC 1XV v Shawlands RFC 1XV
Bishopton RFC 1XV v Lanark RFC 1XV
Clydesdale RFC 1XV v Glasgow University Medics
Birkmyre RFC 1XV v Moffat RFC 1XV

Saturday 09 January 2021

Shawlands RFC 1XV v Hyndland RFC 1XV
Lochaber RFC 1XV v Loch Lomond RFC 1XV
Glasgow University Medics v Birkmyre RFC 1XV
Moffat RFC 1XV v Bishopton RFC 1XV
Lanark RFC 1XV v Clydesdale RFC 1XV

Saturday 16 January 2021

Hyndland RFC 1XV v Lochaber RFC 1XV
Loch Lomond RFC 1XV v Cumbernauld RFC1XV
Birkmyre RFC 1XV v Lanark RFC 1XV
Clydesdale RFC 1XV v Bishopton RFC 1XV
Glasgow University Medics v Moffat RFC 1XV

Saturday 23 January 2021

Cumbernauld RFC1XV v Hyndland RFC 1XV
Lochaber RFC 1XV v Shawlands RFC 1XV
Bishopton RFC 1XV v Birkmyre RFC 1XV
Lanark RFC 1XV v Glasgow University Medics

Saturday 30 January 2021

Hyndland RFC 1XV v Loch Lomond RFC 1XV
Shawlands RFC 1XV v Cumbernauld RFC1XV
Birkmyre RFC 1XV v Clydesdale RFC 1XV
Glasgow University Medics v Bishopton RFC 1XV
Lanark RFC 1XV v Moffat RFC 1XV

Saturday 06 February 2021

Standby date

Saturday 13 February 2021

Standby date

Saturday 20 February 2021

Standby date

Saturday 27 February 2021

(Semi Final 1) Conference 1 winner v Conference 2 runner up
(Semi Final 2) Conference 2 winner v Conference 1 runner up

Saturday 06 March 2021

Standby date

Saturday 13 March 2021

Standby date

Saturday 20 March 2021

(Final) Semi Final 1 winner v Semi Final 2 winner

Saturday 27 March 2021

Standby date